

ROCKIN' ROOTS

COFFEE • CAFE • JUICE BAR

All Day Breakfast

 VEGAN  GLUTEN FREE  DAIRY FREE

Oatmeal Bowls

PB&H

Organic steel cut oatmeal, banana, almond granola, cinnamon, organic peanut butter & acacia honey \$8.25

Maple

Organic steel cut oatmeal, banana, walnut-brown sugar crumble, raisins, cinnamon, grade A maple syrup \$8.25

Berry Sweet

Organic steel cut oatmeal, (assorted seasonal berries) chia seeds, Tupelo honey \$8.25

All Day Breakfast

Avo Toast

8 grain toast, avocado, tomatoes, sunny eggs, feta, arugula, lemon vinaigrette \$12

Farmhouse

Scrambled egg whites, peppers, mushroom, grits, avocado, cheddar cheese \$8.75

One Fine Day

Scrambled whole eggs, spinach, tomato, onion, grits \$8.75

Lemon Ricotta Pancakes

Lemon syrup, coconut whipped cream, crumble \$12

The Broken Egg

2 broke yolks, Vermont cheddar, tomato jam, on a brioche bun \$6.50

The Garden

Mushrooms, peppers, spinach, tomato jam, on a toasted rosemary foccacia \$7

HOURS

Monday - Saturday

9:00am - 7:00pm

(201) 497-6137
434 Hillsdale Avenue
Hillsdale, NJ 07642
rockinrootsjuice.com



Açai / Pitaya / Coconut Bowls \$11

Base (Choose 1)

Acai / pitaya / coconut

Toppings (Choose up to 4)

Banana, blueberry, strawberry, kiwi, blackberry, pineapple, mango, granola, almond granola, coconut flakes, hemp seed, quinoa crunch, cacao nibs, chia seeds, bee pollen, goji berries

Drizzles (Choose up to 2)

Nutella, peanut butter, almond butter, organic agave, honey

Banana Berry Bowl

Choice of base, strawberry, blueberry, banana, house made cashew milk, hempseed-almond granola, agave nectar

Mango Bowl

Choice of base, banana, pineapple, mango, coconut water, puffed quinoa-rice crunch, toasted coconut flakes, tupelo honey

Açai PB&J

Choice of base, banana, strawberry, dates, peanut butter, house made cashew milk, jelly sheet

Açai Protein Power Bowl

Choice of base, strawberry, banana, cacao nibs, coconut butter, vanilla whey protein, almond milk, peanut butter protein granola, blueberry, chia seeds, puffed quinoa, whipped peanut butter, raw honey

Açai Green Superfood Bowl

Choice of base, banana, strawberry, blueberry, spinach, kale, chia seeds, almond milk, goji berries, cacao nibs, wildflower bee pollen granules, agave nectar

Salads, Sandwiches & Tacos

Add Organic Chicken Breast -\$4.95
Crispy Shrimp-\$5.95

Harvest Salad

Organic roasted chicken, farro salad, tomato, cucumber, avocado, pita croutons, creamy lemon dressing \$14

Greek Quinoa Salad

Roasted chicken, pickled beets, arugula, quinoa-tabbouleh, red onion, feta, kalamata olives, citrus dressing \$14

Tempura Shrimp

Tempura shrimp, rice, crab salad, corn- mango salsa, cucumbers, black sesame seeds, sweet thai chili glaze \$15

Crispy Falafels

house made humus, quinoa, feta, greens, red onion, tahini-yogurt dressing \$12.50

Baja Burger

Chickpea-veg burger, roasted red pepper, fresh mozzarella, arugula-cabbage salad, portabello, mac sauce \$11

Roots Veggie Burger

Quinoa, black bean and chickpea burger, butter pickles, lettuce, guacamole, tomato, toasted seeded bun, mac sauce \$11

Chicken Bahn Mi Tacos

Sweet chile glaze, veggie slaw, quickles \$10

Bang Bang Shrimp Tacos

Crispy shrimp, shredded cabbage, pico de gallo, poblano-avocado crema, cotija cheese \$10

BBQ Vegetable Tacos

Crispy green tomato, bbq jackfruit, cheddar chese, arugula, mango relish \$10

Cabo Taco

Atlantic cod, vegetable slaw, avocado, tomatillo sauce, cilantro \$10

KFC Wrap

Korean fried chicken, shredded lettuce, avocado-ranch dressing, tomato, pickled onion, herb wrap \$12.25

Falafel Wrap

Falafel, mixed greens, tzaziki, feta, hummus, red onion, spinach herb wrap \$11

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Smoothies & Shakes

16 oz - \$7 20 oz - \$8

Berry Delicious

Strawberry, blueberry, fresh oj, coconut milk, hemp/dates, cashews, sea salt

I Like My Coffee With Dates and Cream

Almond milk, nitro brew coffee, banana, cacao, dates, hemp, sea salt

Pina Colada

Pineapple, coconut milk, coconut base, banana, hemp seed, agave, lime

Peach Cobbler

peach, banana, cinnamon, almond milk, agave, goji berry, brown sugar crumble

Watermelonini

Watermelon, lime, coconut water, agave

Strawberry So Good

Strawberry, coconut milk, banana, dates, vanilla, lavender-strawberry puree, graham, Himalayan salt

PB&J

Peanut butter, banana, dates, almond milk, flax seed oil, grapes, berry puree, cinnamon

Purple Haze

Acai base, pineapple, banana, apple juice, blueberry, coconut milk

Passion by Nature

Passion fruit, OJ, mango, pineapple, strawberry, banana, agave, bergamot

Pink Panther

Pitaya, banana, strawberry, pineapple, agave nectar, coconut water

Dr. D.'s Elixer

Spinach, kale, cucumber, pineapple, mango, chia seeds, coconut water, ice

COME TRY OUR AWARD WINNING CHEF'S CREATIONS

Esteemed chef and owner, Michael Merida bested the world-famous chef Bobby Flay on his own show, "Beat Bobby Flay". The episode aired on Food Network and featured special guest Martha Stewart, the cooking and home goods icon.

**BEAT
BOBBY
FLAY**



Cold Pressed Juices

16 oz - \$7 20 oz - \$8

Detox

Apple, beetroot, celery, ginger

Energize

Apple, carrot, beetroot, lemon, ginger

Cold Kicker

Orange, green apple, kale, lime, ginger

Vitality

Carrot, pineapple, celery, lime, parsley

Green Lemonade

Kale, celery, cucumber, lemon, lime, ginger

Super Juice

Cucumber, apple, kale, spirulina, chlorella

Green Goddess

Parsley, spinach, kale, celery, cucumber, lemon, apple

Beet Box

Beet, carrot, cucumber, lemon, orange

Green Apple Detox

Green apple, cucumber, lemon, kale, ginger

The Buzz

Carrot, orange, lemon, ginger

Coffee/Java Menu (Organic)

12 oz. \$3.25 16 oz. \$3.75 20 oz. \$4.25

Drip Light Roast

Drip Dark Roast

Decaf Drip

Espresso drinks

Espresso - \$4.00 Double Espresso - \$8.00

Latte - 12 oz. \$5.50 16 oz. \$5.75

Add Flavor: Hazelnut, Vanilla, Cinnamon, Pumpkin, Caramel, Chocolate) \$1

Cappuccino - 8 oz. \$5.50 12 oz. \$5.75

Cafe Mocha - 12 oz. \$5.75 16 oz. \$6.25

Chai - 12 oz. \$5.50 16 oz. \$5.75

Dirty Chai - add \$1 to any size

Iced drinks

Iced Latte - 16 oz. \$6.00 20 oz. \$6.50

Iced Mocha - 16 oz. \$6.50 20 oz. \$7.00

Kids Juices/Smoothies

9 oz - \$5

Chloe's Crazy Juice

Apple, carrot

Chelsea's Explosion

Apple, kale, lemon

Margaret's Mix

Beet, apple & ginger

Hannah Banana

Almond milk, peanut butter, banana, chocolate protein or vanilla protein

Ivan's Green Machine

Mango, spinach, banana, coconut water, apple juice

Taylor's Kickstart

Strawberry, banana, choice of milk