



CAFE MENU



Oatmeal Bowls



All Day Breakfast



Açaí/ Pitaya/ Coconut Bowls



Salads, Sandwiches & Tacos



Smoothies & Shakes



Cold-Pressed Juices



Organic Coffee Menu



Kids Smoothies/Juices



Vegan



Dairy-Free



Gluten-Free

Oatmeal Bowls

PBSH

Organic steel cut oatmeal, banana, almond granola, cinnamon, organic peanut butter & acacia honey - \$8.50

Maple

Organic steel cut oatmeal, banana, walnut-brown sugar crumble, raisins, cinnamon, grade A maple syrup - \$8.50

Berry Sweet



Organic steel cut oatmeal, (assorted seasonal berries) chia seeds, Tupelo honey - \$8.50

All Day Breakfast

Avo Toast

8 grain toast, avocado, tomatoes, sunny eggs, feta, arugula, lemon vinaigrette - \$12.25

Farmhouse



Scrambled egg whites, peppers, mushroom, grits, avocado, cheddar cheese - \$9

One Fine Day



Scrambled whole eggs, spinach, tomato, onion, grits - \$9

The Broken Egg

2 broke yolks, Vermont cheddar, tomato jam, on a brioche bun - \$6.50

Add Turkey Bacon- +\$2

The Garden

Mushrooms, peppers, spinach, tomato jam, on a toasted foccacia - \$7

Add Turkey Bacon- +\$2

The "Big Lou"

Scrambled Eggs, Chorizo, Cheddar, toasted croissant- \$7.5

Smoothies & Shakes

16 Oz. - \$7.50 / 20 Oz. - \$8.50

Berry Delicious

Strawberry / Blueberry / Fresh OJ / Coconut Milk / Hemp / Dates / Cashews / Sea Salt

I Like My Coffee With Dates And Cream

Almond Milk / Nitro Brew Coffee/ Banana / Cacao / Dates / Hemp / Sea Salt

Smashing Pumpkin

Pumpkin/Almond Milk/Cinnamon/Dates/Banana/Maple/Pumpkin Spice Whipped Cream

Apple Pie

Roasted Apples/Almond Milk/Banana/Yogurt/Fall Spice/Caramel/Struesel

Coco Loco

Mango, coconut milk, coconut water, pineapple, coconut oil , toasted coconut shavings

Bloody Ornage

Blood Orange/Mango/Banana/Pineapple/Turmeric/Cashew/Lime

Blue Magoo

Banana, coconut milk, blueberries, agave nectar, blue majik, coconut whipped cream

Strawberry So Good

Strawberry / Coconut Milk / Banana / Dates / Vanilla / Lavender-Strawberry Puree / Graham / Himalayan Salt

PBSJ

Peanut Butter / Banana / Dates / Almond Milk / Flax Seed Oil / Berry Puree / Cinnamon

Purple Haze

Acai Base / Pineapple / Banana / Apple Juice / Blueberry / Coconut Milk

Passion By Nature

Passion Fruit / OJ / Mango / Pineapple / Strawberry / Banana / Agave / Bergamot

Pink Panther

Pitaya / Banana / Strawberry / Pineapple / Agave Nectar / Coconut Water

Dr. D.'S Elixer

Spinach / Kale / Cucumber / Pineapple / Mango / Chia Seeds / Coconut Water / Ice.

Açaí/Pitaya/Coconut/Passion Fruit Bowls - \$11.25

Build Your Own

Base (Choose 1)

Açaí / Pitaya / Coconut

Toppings (Choose Up To 4)

Banana, blueberry, strawberry, kiwi, pineapple, mango, granola, almond granola, coconut flakes, hemp seed, quinoa crunch, cacao nibs, chia seeds, bee pollen, goji berries

Drizzles (Choose Up To 2)

Nutella, peanut butter, almond butter, organic agave, honey

Chef's Specials

Banana Berry Bowl

Choice Of Base, Strawberry, Blueberry, Banana, House Made Cashew Milk, Hempseed- Almond Granola, Agave Nectar.

Mango Bowl

Choice Of Base, Banana, Pineapple, Mango, Coconut Water, Puffed Quinoa-Rice Crunch, Toasted Coconut Flakes, Tupelo Honey.

Açaí PBSJ

Choice Of Base, Banana, Strawberry, Dates, Peanut Butter, House Made Cashew Milk, Jelly Sheet

Açaí Protein Power Bowl

Choice Of Base, Strawberry, Banana, Cacao Nibs, Coconut Butter, Vanilla Whey Protein, Almond Milk, Peanut Butter Protein Granola, Blueberry, Chia Seeds, Puffed Quinoa, Whipped Peanut Butter, Raw Honey.

Açaí Green Superfood Bowl

Choice Of Base, Banana, Strawberry, Blueberry, Spinach, Kale, Chia Seeds, Almond Milk, Goji Berries, Cacao Nibs, Wildflower Bee Pollen Granules, Agave Nectar.

Salads/Sandwiches/Hummus Bowls & Tacos

Sauteed Gulf Shrimp, Blue Cheese, Charred Corn, Turkey Bacon, Avocado, Romaine Lettuce, Hard Boiled Eggs, Lemon Chive Dressing \$15

Beets Me Salad

Roasted Pickled Beets/ Arugula/ Feta Cheese/ Candied Pecans/ Red Onion/Blood Orange Dressing- \$14

Chicken Cali Salad

Pesto Chicken/ Mixed Greens/ Avocado/ Grape Tomatoes/ Quinoa/ Cucumber/ Honey-Sherry Dressing \$14

Crispy Falafels



House Made Humus, Quinoa, Feta, Greens, Red Onion, Tahini-Yogurt Dressing \$13

Baja Burger

Chickpea-Veg Burger, Roasted Red Pepper, Fresh Mozzarella, Arugula-Cabbage Salad, Portabella, Mac Sauce \$12.50

Chicken Burger

Roasted Chicken Burger/Lettuce/Tomato/ Onion/ Basil Mayo/ Toasted Sesame Seed Bun \$13

Roasted Chicken Burrata Sandwich

Marinated Herb Chicken, Pesto, Sliced Tomato, Burrata Cheese, Arugula, Charred Balsamic Onion Spread, Focaccia Bread \$15

T.B.L.A.T. Sandwich

Maple-Glazed Turkey Bacon, Lettuce, Avocado, Tomato, Pesto Mayo, Toasted Brioche \$12.50

KFC Wrap

Korean Fried Chicken / Shredded Lettuce / Avocado-Ranch Dressing / Tomato / Pickled Onion / Herb Wrap \$12.25

Falafel Wrap

Falafel / Mixed Greens / Tzatziki / Feta / Hummus / Red Onion / Spinach Herb Wrap \$12

Falafel Hummus Bowl

Crispy Falafels/ Hummus/ Sauteed Spinach/Mushrooms/ Tzaziki, Pita \$13

Lemon Chicken Hummus Bowl

Sautéed Lemon Chicken, Spinach, Roasted Tomato, Hummus, Pita \$13

Thai Lettuce Wraps

Sweet Chili Glazed Chicken/Shitake Mushrooms/ Carrot/ Pineapple/ Crispy Noodles/ Peanut dressing \$13

Bang Bang Shrimp Tacos

Crispy Shrimp / Shredded Cabbage / Pico De Gallo / Cilantro Crema / Cotija Cheese \$13

Piggy Back Tacos

BBQ Pulled Pork/Pineapple Salsa/ Cucumber/ Shredded lettuce/ Sour Cream\$13

Cabo Tacos

Atlantic Cod / Vegetable Slaw / Avocado / Tomatillo Sauce / Cilantro \$13

Cold-Pressed Juices

16 Oz. - \$7.50 / 20 Oz. - \$8.50

Detox

Apple / Beetroot / Celery/ Ginger

Energize

Apple / Carrot / Beetroot / Lemon / Ginger

Cold Kicker

Orange /Green Apple / Kale / Lime / Ginger

Uitality

Carrot / Pineapple / Celery / Lime / Parsley

Green Lemonade

Kale / Celery / Cucumber / Lemon / Lime / Ginger

Super Juice

Cucumber / Apple / Kale / Spirulina / Chlorella

Green Goddess

Parsley / Spinach / Kale / Celery / Cucumber / Lemon / Apple

Beet Box

Beet / Carrot / Cucumber / Lemon / Orange

Green Apple Detox

Green Apple / Cucumber / Lemon / Kale / Ginger

The Buzz

Carrot / Orange / Lemon / Ginger

Organic Coffee Menu

Coffee (Drip)

Double Espresso

\$8.00

Latte

12 Oz. \$5.50 16 Oz.\$5.75

Add Flavor :Hazelnut, Vanilla, Cinnamon, Pumpkin, Caramel, Chocolate) (\$1)

Cappuccino

8 Oz.- \$5.50 12 Oz. - \$5.75

Cafe Mocha

12 Oz.- \$5.75 16oz. \$6.25

Chai

12 Oz. \$5.50 16 Oz.- \$5.75

Dirty Chai

Add \$1 To Any Size

Iced Drinks:

Iced Latte

16 Oz.- \$6.00, 20 Oz.- \$6.50

Iced Mocha

16 Oz. \$6.50, 20oz. \$7.00

Kids Smoothies/Juices

Juices (9oz) \$5

Chloe's Crazy Juice

Apple, Carrot

Chelsea's Explosion

Apple, Kale, Lemon

Smoothies (9oz) \$5

Hanna Banana

Almond Milk, Peanut Butter, Banana, Chocolate Protein Or Vanilla Protein

Ivan's Green Machine

Mango, Spinach, Banana, Coconut Water, Apple Juice

Taylor's Kickstart

Strawberry, Banana, Choice Of Milk.